

Nina Beck

Our mom, Nina Beck, was an amazing person. As she raised us, she raised about a hundred other kids, too. She was always one to help whenever and wherever she could. She volunteered at every school we attended, every sports league we joined and church. After we graduated from high school, Northern High School realized they were losing their BEST volunteer, so they hired her. Of course she practically ran the school's front office or so she made it seem. The copiers and coffee were ready every morning before anyone ever arrived. She loved her job and the school, especially the kids.

In 1996, Mom turned 50. That summer she was unusually sick. She soon discovered that she was in heart failure. She was diagnosed with cardiomyopathy, a weakening of the heart muscle. Mom started seeing a cardiologist, Dr. Elizabeth Ross, who works out of Washington Hospital Center (WHC). Dr. Ross and all the great doctors at WHC Heart Failure Team were able to provide Mom with the best care anyone could ask. Mom lived 14 years with this illness. In those 14 years, Mom never gave up. She fought a good fight and the doctors were all there helping her and cheering her on. In fall of 2010, Mom received a LVAD (Left Ventricular Assist Device). The best description, we can think of, for an LVAD, is an artificial heart pump. After receiving the LVAD, Mom felt the best she had in 14 years. We were given the best gift of another Thanksgiving and Christmas with Mom.

Through all of this, Mom loved life, loved her family, especially her grandkids, loved her friends and loved her doctors at WHC. She actually looked forward to seeing the doctors, when it was just a regular check up. Mom was a huge advocate for WHC Heart. If she learned of someone having heart problems, her immediate response was "Here is the name of my cardiologist and you need to see the doctors at WHC Heart." To Mom, there was no other hospital to go where your heart was concerned.

We hope you will help us honor Mom's life and her determination in finding a cure for heart disease by joining us at this golf outing benefiting WHC Heart. We believe by supporting WHC, we are helping others live a life a little longer, just as Mom was blessed. This year we will also be making a small donation to Northern High School. Mom loved this school and would want to support all the great things they do for the kids.

Johnny, Judy, Jimmy, Jennifer and families (Dad included!)

Nina Beck Memorial Golf Outing c/o John Beck 2408 Chestnut Terrace Court #102 Odenton, MD 21113

TWIN SHIELDS GOLF CLUB

Saturday, March 24, 2012

Registration begins at 8:00am 9:00am Shotgun Start

(Rain or Shine)
Format: Captain's Choice

ALL PROCEEDS BENEFIT: Washington Hospital Center & Northern High School





The Course

Twin Shields

Celebrating its 40th anniversary this year, the 18-hole, par-70 championship golf course was conceived and built by identical twins Ray and Roy Shields on 300 acres of tobacco farmland in Dunkirk. Typical Southern Maryland rolling terrain with large undulating greens. Generally considered one of the best kept courses and best kept secrets in Southern Maryland. Today it is still very much a family affair, run by Roy's daughters, Karen and Diane Shields, who, along with the staff, take pride in making it personal. They all greet regulars by name in the friendly atmosphere.

Special Events

Prizes for:

- Longest Drive for Men & Women
- Closest to the Pin
- Putting Contest
- Hole in One
- 50/50 Donations go to Northern High School.
- Door Prizes

Check the website for the latest news!

www.ninabeckmemorial.com

Hole Sponsorship

Your \$100 sponsorship includes:

- A sign at the hole with your company name & phone number.
- Your company's name announced at the luncheon & in the program.

Registration Information

Individual Registration \$100
Team Registration \$400
Limited to the first 144 golfers

Registration includes:

Green Fees • Golf Cart • Lunch
Continental Breakfast
Refreshments

For Further Information Contact:

Jimmy Beck

410-474-7271 or 410-257-9313

John Beck

410-279-2139 or 301-912-5188 info@ninabeckmemorial.com



Registration Form

□ Individual Registration \$100 □ Team Registration \$400 MAKE CHECKS PAYABLE TO: NINA BECK MEMORIAL, INC. TEAM MEMBER NAMES: 1. _____ 2. _____ 3. _____ 4. _____ □ Hole Sponsor \$100 MAKE CHECKS PAYABLE TO: WHC ADVANCED HEART FAILURE FUND - IN HONOR OF NINA BECK Sponsor Name: Phone: Point of Contact Name: Address:

ENTRY DEADLINE: MARCH 1, 2012

Phone:

No refunds after March 10, 2012

Mail Entries to:

John Beck 2408 Chestnut Terrace Court #102 Odenton, MD 21113